



LEARNING WITHOUT LIMITS

2020-2021 Middle School

Y CONNECTIONS Afterschool & **Y ACADEMY** Full-day Programs

Stanly County Family YMCA

Stanlyymca.org



AT YMCA AFTERSCHOOL kids expand their in-school day with a balance of activities that give opportunities for character development, leadership development, STEM activities, arts and humanities, community service, social interaction and physical activity.

YMCA Afterschool is a structured program with time for kids to start homework, engage in active fun and enjoy a snack with friends.

During the week, students can choose different clubs such as book club, art, writing, basketball or backyard games. Clubs are based on student interest and grade.

Afterschool is held at each Stanly County middle school, Monday - Friday from school dismissal until 6 p.m. for those attending in-class learning for the week.

Due to COVID-19, some of our policies, procedures and programs may change as needed.

Y ACADEMY is a full-day program (7:00 am-6:00 pm) for middle school students on their remote learning weeks. Students must arrive no later than 9:00 am. Participants will receive morning homework help from staff and volunteers trained to most efficiently support studies. Academy students will also participate in PE classes, swimming, career readiness, leadership development, and community service.

On-line classes will be part of the school day for students who bring their devices. The Y is working with Stanly County Schools to ensure that proper wifi access is available.

Y Academy will take place at the YMCA and Y Pavilion. We are currently looking for additional spaces to accommodate more students, including in the West Stanly area.

SAFE ENVIRONMENT:

Safety of the students is our number one priority. The Y will follow CDC, as well as, state guidelines for schools as related to COVID-19. Cleaning, hand washing, social distancing, and face coverings (when appropriate) will be part of our daily routine. We also know that protocols may change and adjustments will be made accordingly.

Students participate in small groups with others their age. Most groups contain no more than **10** children and at least one counselor with appropriate social distancing and face coverings when appropriate.



STAFF MATTERS

The KEY to successful youth development programs are great staff who enjoy working with participants and giving them opportunities to relax, grow, and learn. Each site is supervised by a YMCA Site Director. Counselors are at least 16 years old and work with site directors to provide a balance of engaging activities each day. Staff are CPR & First Aid certified. Staff also attend extensive training throughout the year, including Darkness to Light child sexual abuse prevention training.

Kelley Bigger, Family Services Director, supervises all programs. If you have any questions, comments, or concerns that cannot be discussed with your specific site director, please contact Kelley at the YMCA, 704.982.1916 or through email at kbigger@stanlyymca.org.

DROP-OFF PROCEDURES:

Students are responsible for getting to the afterschool location each afternoon. **As soon as they arrive, roll will be taken to confirm attendance and temps will be checked.** (If your child will not be attending for the day, please leave a message with your site director before 2:00 p.m.)

Students attending Y Academy, must be checked-in each morning at the Y using the current COVID19 protocols.

AFTERNOON PICK UP:

Upon pick-up, staff will call your child to meet you at the check-in/out table. Students must be signed out daily by an authorized person before leaving.

****Students will only be released to those adults listed on their registration form. Staff may, at any time, ask to see a driver's license to prove identification. If your child is to leave with someone other than those listed, you must notify the director in writing. Students will not be released to anyone less than 16 years of age, including siblings.**

Programs close promptly at 6:00 p.m. We understand that unavoidable situations may sometimes arise. If you find that you are going to be late, please call immediately to let us know so that neither staff nor your child will worry. You will be drafted an additional fee of \$10 for each 10 minute increment past closing time.

After waiting for 30 minutes, staff will begin calling those allowed to pick up on child's registration form. After trying unsuccessfully to contact you and those others listed on the form, we will call the proper authorities.

MIDDLE SCHOOL PROGRAM RATE POLICIES

STUDENTS MAY REGISTER FOR ONE OR BOTH PROGRAMS.

AFTERSCHOOL PROGRAM:

By enrolling in the afterschool program, students may attend each afternoon during the "in-class" learning.

Y ACADEMY:

Students enrolled in Y Academy may attend weekdays during their "remote class" learning weeks.

RATES FOR 2020-2021:

Processing Fee:

\$0/Y Family Members

\$25/Y Teen Members or Program Participants

Weekly Afterschool Program Fees:

Albemarle Middle, North Stanly Middle, South Stanly Middle, & West Stanly Middle Schools:

\$55/week Y Family Members

\$65/week Y Teen Members or Program Participants

Weekly Y Academy Program Fees:

YMCA & YMCA Pavilion:

\$125/week Y Family Members

\$135/week Y Teen Members or Program Participants

We will draft weekly on Mondays for the following program week. (Ex. On Monday, Aug. 10 we will draft for the week of Aug. 17.) We can draft from your bank account, debit card or credit card. We can accept Master Card, Visa, American Express and Discover. We do not accept personal checks or cash. You must complete the "Payment Options" page in the registration packet to secure your child's space.

Credits for absences during their weeks cannot be given.

Families with two or more students attending will receive a \$5 sibling discount on the weekly fee for each additional child.

If a financial problem should arise, contact Kelley Bigger, Family Services Director immediately. Statements are available upon request. In order to be removed from the draft for any reason, you must complete a "Termination Form" at least 10 days before your next draft.

RETURNED DRAFTS:

If your YMCA draft is declined, the YMCA has the right to redraft you at any time. If payment is not made on time, there will be a \$10 late fee added if your balance is not taken care of within five business days of the original draft date and participation in the program will be suspended until the balance has been paid.

SCHOLARSHIPS AVAILABLE:

YMCA Open Doors Scholarships are available for Y membership and programs. Monies are provided through financial support from the YMCA Strong Communities Fund, United Way of Stanly County and various grants.

To apply for a scholarship, you must complete the Open Door Scholarship application (available online or at Y), gather requested documentation, write a short letter of your circumstances, and return to the YMCA Member Engagement Director or Family Services Director. A sliding fee scale will be used to help determine a scholarship amount.



CONSIDER JOINING THE YMCA:

There are many opportunities for your family to have fun and build memories at the YMCA. We host family events throughout the year. With a family membership, you can attend classes as a family (must be 11 years old). We offer a variety of fitness and wellness classes. There are PLENTY of cardio machines, as well as, weight equipment. The Y has two swimming pools for classes, lessons, and fun. We also have numerous opportunities to volunteer.

If you are interested in a family or youth membership, contact our membership staff at 704.982.1916.



DISCIPLINE POLICY

All participants should have the opportunity to benefit from his/her experiences in the program. Staff works with students to help them understand the rules and give clear definitions of acceptable and unacceptable behavior, which are listed below. We also believe that students are much more likely to be successful when staff and parents work together to communicate well and make decisions that are best for all participants.

Expectations

Follow directions.
Respect the property of others.
Respect others. Use courteous manners, no bullying.
Do not leave your group without permission.

Positive Reinforcement

Praise
Positive notes
Special privileges
Group rewards
Fist bumps, pats on back, thumbs up

Consequences

Warning
Activity will be restricted/behavior documented
Parent notified
Call to parent for immediate pick-up
Suspension

In severe incidences, the site director will determine appropriate consequences. We do not condone: use of corporal punishment, making fun of, threatening or yelling at children, using profanity, or leaving children unsupervised. Fighting, bullying of other children and disrespect toward staff will not be tolerated.

Dismissal from Camp

Families with the following unresolved issues may be dismissed from the afterschool program:

- ◇ Excessive tardiness in fee payments or failure to pay fees
- ◇ Discipline problems that cannot be solved after three attempts
- ◇ Disrespect from parents toward staff or children
- ◇ A student's behavior that is detrimental to him/herself or others
- ◇ Repeated late pick-up

MEDICAL MATTERS

In an effort to reduce the risk of exposures, sick students may not participate in Y programs. Please do not send your child if he/she has had a temperature of over 100°, if your child has vomited in the last 24 hrs, has a contagious rash or lice. Daily check-in procedures will be performed to be sure that all participants are well before entering. We will call you immediately and ask you to pick up your child if he/she becomes ill while in a Y program.



MEDICATIONS

All medications will be kept in a lockbox & may only be administered when:

- You have completed and signed the proper form, which is available from your site director
- Meds are sent in the original container
- Doctor's directions are clearly written on any prescriptions

EMERGENCIES

In the event of an emergency, we will take the necessary actions for the health of your child and make every effort to contact you. Please be sure that we always have current contact info. **You are responsible for your child's primary accident insurance when using the YMCA and participating in YMCA programs off site.

INCLEMENT WEATHER

If school is completely called off due to bad weather, afterschool will not be open on that day. **If, however, school is out for more than one day due to weather, we will try to open after the first day at the YMCA. If children are released early from school because of inclement weather, we will not open for the remainder of the day.** Closings and delays will be posted on TV channels WBTV and WSOC. You may also check our Facebook and Instagram pages-Stanly County Family YMCA.

YMCA Mission Statement:

"To put Christian principles into practice through programs that build a healthy spirit, mind, and body for all."

STAFF CODE OF CONDUCT (We want you to know what we expect of staff)

YMCA Staff may not verbally, emotionally, or physically abuse children.

Staff may not discipline children by use of physical punishment or failing to provide the necessities of care.

Physical restraint is used only in situations to protect the person, other people, or staff from harm.

Staff should never leave a child unsupervised while participating in a program.

In order to protect YMCA staff, volunteers, and program participants- at no time during a YMCA program may a staff person be alone with a single child where they cannot be observed by others. As our staff supervises children, they should space themselves where other staff and people can view them.

Restroom Supervision: Staff will make sure the restroom is not occupied by suspicious or unknown individuals before allowing children to use the facilities. Staff will stand in the doorway while children are using the restroom. This policy allows privacy for the children and protection for the staff (not being alone with a child). If staff is assisting younger children, doors to the facility must remain open. No child regardless of age should ever enter the bathroom alone on a field trip. Always send children in pairs, and whenever possible, with staff.

Staff will respect children's rights not to be touched in ways that make them uncomfortable, and their right to say no. Other than diapering, children are not to be touched on areas of their bodies that would be covered by a bathing suit.

Staff/Volunteers Have a duty to report any suspicion of child abuse to their immediate supervisor or SCFY Director. Failure to do so may result in termination.

Staff should be alert to the physical and emotional state of the children as they enter the program/facility. Any signs of injury or possible child abuse **MUST** be reported to the Director of the program.

Staff is correctly informed of appropriate vs inappropriate **physical contact** with youth. The following are examples of appropriate and inappropriate contact:

APPROPRIATE: Side hugs, pats on the back/shoulder, handshakes, high fives/fist bumps, verbal praise, pats on the head, touching hands, shoulders, arms, and holding hands to escort young children.

INAPPROPRIATE: Full frontal hugs, kisses, affection in isolated areas, lap sitting, wrestling, tickling, allowing to cling to leg, any type of massage, any form of unwanted affection by youth or staff, compliments relating to physique

Staff is correctly informed of appropriate vs inappropriate **verbal interactions** with youth. The following are examples of appropriate and inappropriate verbal interactions:

APPROPRIATE: positive reinforcements, appropriate jokes, encouragement

INAPPROPRIATE: name calling, secrets, cursing, off color/sexual jokes, shaming, belittling, derogatory remarks, discussing sexual or personal problems, harsh or threatening language

Staff is highly discouraged from being alone with children they meet in the YMCA programs of the YMCA. This includes babysitting, sleep overs, and inviting children to your home.

Under no circumstances should staff release children in childcare, day camp, Minnie's place, and all day programs to anyone other than the authorized parent, guardian, or another adult authorized by the parent or guardian on sign out lists.

Using, possessing, or being under the influence of alcohol or other illegal drugs is prohibited.

Smoking or use of tobacco products in the presence of children or parents during working hours is prohibited.

Profanity, inappropriate jokes, sharing intimate personal details of one's personal life, and any kind of harassment in the presence of children or parents is prohibited.

Staff may not date program participants less than 18 years of age.

Staff is required to read and sign all policies related to identifying, documenting, and reporting child abuse and attend trainings on the subject, as instructed by a supervisor. While the YMCA does not discriminate against an individual's lifestyle, it does require that in the performance of their job they will abide by the standards of contact set forth by the YMCA.

SCFY Electronic Communication Policy

Protecting the children we serve at the SCFY is an ever-changing and constant task. Today's kids love to communicate with one another. Texting and twittering, emailing and blogging – their appetite for social networking seems unquenchable. The focus on knowing and being known may foster community, but it also has its dangers. The nearly unlimited internet access given to their users by smart phones also gives quick and easy access for those who wish to do them harm because such activity is unseen and unmonitored by parents or organization staff. A major component of the abuse prevention code of conduct used by SCFY is no communication is allowed outside of program activities. Current technology has made monitoring and enforcement of that standard extremely challenging, yet it must be done to protect both your staff and the children in our programs.

The **SCFY Electronic Communication Policy** can be an important means of keeping children, volunteers and employees safe. This policy is designed to guide and protect our volunteers, staff, and the youth we serve, and it should be shared with parents and participants so that all expectations and controls are fully understood. This policy includes:

Telephones / cell phones – While working, cell phone use should be for business purposes only. Staff is prohibited from initiating or receiving **personal** phone calls with youth who are in or whom they have met through organization programming. A call is considered personal if it does not involve both an organization phone and organization-specific subject matter. Staff members are required to report incoming calls to their supervisor immediately. Staff and volunteers are prohibited from accessing, displaying, or possessing inappropriate information on the organizations property or equipment.

Text messages – Regardless of the instrument of origin or receipt, text messaging with youth (as defined above) is strictly forbidden to staff. Policy requires immediate notification of supervisor if a text message is received from such a party.

Email / instant messaging – Staff and volunteers may not share any personal email address or instant message name or nickname with youth. Staff may neither initiate nor respond to email or instant message communication from youth while using any personal (i.e., non-organization) connection to the internet.

Social networking websites – While working or volunteering, all social networking websites shall be used for business purposes only. Any communication with youth using this medium (e.g., Facebook, Instagram, TikTok, Bebo, MySpace, PerfSpot, NetLog, Twitter, etc.) must use organization sponsored or approved sites – no personal blog or social networking website may be used. Also, any staff profile or blog must be private and inaccessible to youth; the site should not have pictures of or make references to specific youth. Staff with profiles on social networking sites may neither request to be friends with nor accept as a friend a youth as described in the policy. Staff and volunteers are prohibited from accessing, displaying, or possessing inappropriate information on the organizations property or equipment.

Appropriate protocols - **All communication with youth must be from organization email accounts and or phones, and when emailing program information all emails should be sent to the youth's parents/guardians only.** Email communication from youth must be forwarded to supervisory staff and the youth's parents or guardians must be notified. All communication with youth must be documented immediately with the staff member's supervisor. Teen programming requires communicating with teens and being effective necessitates use of their preferred methods. Require your teen staff to use only facility phones or computers for such communication and regularly monitor the contact records to identify excessive texting to any individual numbers. If this type of behavior is identified, The CEO will determine the appropriateness of the contact.

FULL & EARLY RELEASE DAYS

The Stanly County Schools will be closed on the days listed below. We are currently working to confirm plans for "School's Out" full-day program on the following vacation days, professional days and holidays. There will be an extra charge for these days.

2020

October 19
November 3
November 11
December 23, 28-31

2021

January 4-6
January 18
February 19
March 12, 15 & 16
April 5-9
May 3 & 4

There will be no "Schools Out", full-day program on the following full days:

2020

September 7
November 26 & 27
December 24 & 25

2021

January 1
April 2

Early Release Days

SCS currently has five scheduled Early Release Days. All afterschool sites will open from the end of the school day until 6:00 pm. The dates are: September 16, October 16, November 25, December 22, and February 18.

CONTACT INFORMATION

Stanly County Family YMCA

427 North First St. Albemarle NC 28001

Phone 704.982.1916

fax

704.982.4451

www.stanlyymca.org Like us on Facebook & Instagram: Stanly County Family YMCA

Albemarle Middle School

1811 Badin Rd. Albemarle NC 28001

704.961.3400

Y cell TBA

North Stanly Middle School

36605 Old Salisbury Rd. New London NC 28127

704.961.3700

Y cell TBA

South Stanly Middle School

12492 Cottonville Rd. Norwood NC 28128

704.961.5700

Y cell TBA

West Stanly Middle School

339 Running Creek Church Rd. Locust NC 28097

704.961.3600

Y cell TBA